



Badminton - Rules

Badminton is a racket sport played with a shuttlecock and rackets. The objective of the game is to hit the shuttlecock over the net in such a way that the opponent cannot return it according to the rules. It is a fast-paced, technically demanding, and physically challenging sport.

Basic rules:

- The shuttlecock may only be hit once per side.
- The shuttlecock must go over the net and land within the opponent's court boundaries.
- On serve, the shuttlecock must be struck below the waist, and the server must stand behind the service line.

Equipment:

- **Shuttlecock:** Made from natural feathers or plastic. It has a conical shape and flies relatively slowly due to air resistance, which is offset by quick reactions during play.
- **Racket:** Very lightweight, with a thin grip and a large stringed surface.

Field:

Setup instructions for the badminton net you received:

1. Place the base on a flat surface.
2. Stabilize the base:
Rotate the stabilizing bar from underneath the base.
For soft ground, use the safety pins (goupilles) provided for extra stability.
3. Set up the posts:
Unfold the posts and secure the joints using the locking system (look for the lock symbol).
The height is adjustable – either to full height or to 1.4 m.
4. Attach the posts to the base.
5. Unfold and attach the net.
6. Done – ready to play!

Scoring points:

- Each error results in a point – regardless of who is serving.
- A set is played to 21 points, and must be won with a 2-point lead (maximum of 30 points).
- A match is typically played as best of 3 sets (i.e., a maximum of three sets).