



Baseball - Rules of the game

What is Baseball?

Baseball is a team sport where two teams compete against each other. The goal is to score points (runs) by running around four bases after hitting the ball — completing a full circuit.

Equipment:

- Baseball bat
- Baseball – a small, hard ball
- 4 bases (cones, hoops)

The Roles:

- One team is at bat (the batting team).
- The other team is in the field (the defending team).

The Hit:

- A player from the batting team is the batter.
- A player from the fielding team, the pitcher, throws the ball.
- The batter tries to hit the ball with the bat.

Running the Bases:

- When the ball is hit, the batter runs to first base.
- The goal is to run all four bases in order (1st, 2nd, 3rd, and home base).
- When a player returns to home base, the team scores 1 point (run).

The Defense:

- The fielders try to catch the ball or throw it quickly to get the runner out (by tagging them with the ball or touching the base before the runner arrives).
- When a player is “out,” they must return to the bench.

Home Run:

- When the batter hits the ball so far that they can run all the bases without being stopped and return directly to home base, it’s called a Home Run.
- The team scores points for all runners on base plus the batter.

Scoring Points:

- One point = a player runs all four bases and returns to home base.
- The team with the most points after 9 rounds wins the game.



Appendix: Playing field

